08:20:09 From tryonmv : HI Lisa and Jeanne, I'm hear. Can you hear me? 08:20:20 From Lisa Terry : We cannot hear you. From Lisa Terry : We heard you briefly 08:20:25 From Jeanne Schroeder : We can't hear you. 08:20:34 From Jeanne Schroeder to tryonmv (Privately) : US: +1 669 900 6833Â or +1 646 08:37:31 558 8656Â • Meeting ID: 412 384 071 08:39:57 From Dana Childress : Hi guys! :) From Lisa Terry : Hi everyone. We will start our orientation to the Zoom tools 08:43:42 at 11:50. Thank you for joining us. From Jeanne Schroeder : US: +1 669 900 6833 or +1 646 558 8656 â€¨ • 08:51:25 Meeting ID: 412 384 071 08:54:30 From Kelsey Beard : Ate food! :) 08:54:31 From linda tazi : Enjoyed family 08:54:40 From Angie Ritter : friendsgiving From Dana Childress : Online shopping! 08:54:41 08:54:42 From Jeanne Schroeder : OVEREAT 08:55:00 From ttucker : Played family games of ping pong and pool with my daughters boyfriends family. 08:55:15 From ana.brecht : Hosted Thanksqiving; also drove to New Jersey for Thanksgiving 08:55:18 From tryonmv : played with my grandchildren 08:55:46 From Lisa Brown : Visited American Revolutionary Museum From Angie Ritter : I don't see stamp on the phone app. but I can draw 08:57:05 08:57:59 From Jeanne Schroeder to Lisa Terry (Privately) : Great job with the orientation, Lisa! :) 08:58:17 From Lisa Terry to Jeanne Schroeder (Privately) : Thank you. You did a great job setting me up for success with the notes :) 09:00:42 From Jeanne Schroeder : Hi everyone! 09:01:03 From Jeanne Schroeder : What is Grief?

https://drive.google.com/open?id=1d0Q2E6z7bNCV2M5v0VmtrQ-ZfYx\_y-Mm

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Elements of Child and Family Centered Health Care
https://drive.google.com/file/d/1RRW0bPUhjuNJgOiZ1xoWytKYB2tESbXh
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Communicating with the Bereaved Parent https://drive.google.com/open?id=10aoyHDFlsDj5ngde1bOg b3tG6kdrH3u 09:09:52 From Jeanne Schroeder to slpoumade (Privately) : Stephanie…just making sure you get the handouts. :) 09:15:58 From slpoumade to Jeanne Schroeder (Privately) : Thank you so much! 09:18:49 From The REAL Sarah : sorrow, longing 09:18:53 From linda tazi : saddness 09:18:54 From Ann Hughes : sadness over loss 09:18:55 From Kelsey Beard : A process 09:18:55 From Laura Wead : Sadness related to a loss 09:18:57 From ttucker : death 09:19:00 From Jessica Urban : confusion 09:19:01 From The REAL Sarah : depression From ana.brecht : responding to an unfortunate event 09:19:01 09:19:05 From ana.brecht : deep sorrow 09:19:08 From Lisa Brown : experiencing loss 09:19:10 From Robin : extreme sorrow 09:19:12 From Dana.Lusk/Loudoun : something you have to work through From slpoumade to Jeanne Schroeder (Privately) : phases that hopefully 09:19:12 eventually lead to acceptance 09:19:13 From dennodj : sadness, anger 09:19:14 From jyates : feelings of loss 09:19:15 From ttucker : It neve 09:19:22 From jsanford : A variety of emotions 09:19:22 From ttucker : it never ends

From Megan DeLaFuente : Anger and working through it 09:19:31 09:19:32 From Stephanie : lost expectations From slpoumade to Jeanne Schroeder (Privately) : different people can feel 09:19:42 differently about the same experience/same diagnosis/same underlying reason From Lisa Brown : grief pops up when you least expect it (after death) 09:19:50 From slpoumade to Jeanne Schroeder (Privately) : personal experience vs 09:20:12 parental vision (more global perspective) 09:20:25 From rsaunders : uncertainty. feeling lost, hurt and confused. From Jessica Urban : support 09:22:52 From slpoumade to Jeanne Schroeder (Privately) : allow themselves space 09:22:55 09:22:56 From Ann Hughes : Time 09:22:57 From dholland : Time to heal 09:22:58 From ana.brecht : listening 09:22:58 From The REAL Sarah : hope From slpoumade to Jeanne Schroeder (Privately) : allow themselves to feel all 09:23:00 their feelings 09:23:02From linda tazi : support and time 09:23:04 From Lisa Brown : Someone to just listen 09:23:06 From dennodj : a person to listen 09:23:08 From rsaunders : support, someone to listen 09:23:08 From Dana.Lusk/Loudoun : it can be hard to know as it is so different for everybody 09:23:08 From Laura Wead : opportunity to share grief From jsimpson : empathy 09:23:12 09:23:12 From Kelsey Beard : empathy 09:23:17 From Robin : support; empathy 09:23:18 From jeanf : support, talking 09:23:25 From slpoumade : space to feel 09:23:29 From ana.brecht : validation From slpoumade : allowing themselves to feel all their feelings 09:23:32

09:23:34 From ttucker : Individuality 09:23:39 From The REAL Sarah : resilience 09:23:56 From ttucker : acceptance From jsanford : Someone to listen and empathize with them 09:25:16 From Jessica Urban : understanding 09:26:04 From dennodj : need assistance in day to day life 09:26:04 09:26:07 From Dana.Lusk/Loudoun : they need to cry 09:26:07 From linda tazi : grief counseling From The REAL Sarah : food, sleep, connection 09:26:08 09:26:08 From Jessica Urban : someone to talk to 09:26:10 From rsaunders : some one to listen 09:26:16 From ana.brecht : a hug 09:26:22 From Stephanie : continued communication with health care providers 09:26:22 From jsimpson : A way to symbolically mark and remember the time they did have with this child. 09:26:26 From slpoumade : resources 09:27:19 From ttucker : Sensitivity and knowledge of the families culture and beliefs. 09:33:10 From Dana.Lusk/Loudoun : Don't assume you know how a family member is feeling 09:33:11 From dennodj : do listen to how they feel 09:33:13 From slpoumade : DO attend to their body language From linda tazi : don't tell them how they should feel 09:33:13 From ttucker : They are in a better place 09:33:14 09:33:17 From jsimpson : Don't put a silver lining on the event 09:33:19 From ana.brecht : Do not assume how they are feeling 09:33:21 From Lisa Brown : Don't every say "I know how you feel" 09:33:27 From ttucker : You still have other children From Robin : don't say with time it will get better' 09:33:32 09:33:32 From slpoumade : Don't cut them off. Give them the space and time to share whatever they want. From jsanford : Don't expect them to react the way you think you would react 09:33:33

09:33:35 From ana.brecht : meet them where they are

09:33:39 From slpoumade : Don't make empty promises

09:33:40 From Laura Wead : Do be willing to interact. Don't ignore the situation

09:33:40 From The REAL Sarah : Do listen more than talk

09:33:44 From Dana.Lusk/Loudoun : Do communicate support

09:33:50 From Ann Hughes : let them have as much time as they need

09:33:55 From ttucker : Do not judge, allow them to react in thier way

09:34:00 From Dana.Lusk/Loudoun : do let them cry

09:34:02 From slpoumade : Do use their child's name

09:34:02 From Anna Critz : Consider faith and just listen

09:34:04 From The REAL Sarah : Do acknowledge that this is very hard, validation

09:34:06 From Tammy : Ask them what you can do to help and let them talk about their child. Let them know their child's life mattered.

09:36:54 From ttucker : One child's loss of life cannot replace another child's prescence. Thus the children that may be left behind cannot take away/replace the grief you experience.

09:45:20 From Jeanne Schroeder to Lisa Terry (Privately) : Do you want me to post these to everyone?

09:45:25 From Jeanne Schroeder to Lisa Terry (Privately) :

http://www.CHKD.org/ParentingResources - general parenting and child development
resources

CHKD Parenting Blog - https://www.chkd.org/Blog/Good-Grief/

https://www.ipfcc.org/ Institute for Patient and Family Centered Care

Association of Child Life Professionals - http://www.ChildLife.org

http://www.centering.org Books and Resources

09:45:27 From The REAL Sarah : what books/resources would you recommend to continue learning about this topic? 09:46:08 From Lisa Terry to Jeanne Schroeder (Privately) : Sure 09:46:18 From Jeanne Schroeder : RESOURCES 09:46:20 From Jeanne Schroeder : http://www.CHKD.org/ParentingResources - general parenting and child development resources

CHKD Parenting Blog - https://www.chkd.org/Blog/Good-Grief/

https://www.ipfcc.org/ Institute for Patient and Family Centered Care

Association of Child Life Professionals - http://www.ChildLife.org

http://www.centering.org Books and Resources

From Jeanne Schroeder : Book - Shelter from the Storm: Caring for a Child with 09:47:14 a Life-Threatening Condition  $\hat{a} \in \mathbb{V}$  by Joanne Hilden, M.D. and Daniel Tobin, M.D.  $\hat{a} \in \mathbb{V}$  a quide book for parents navigating the complex journey with a seriously ill child. 09:47:30 From ttucker : How To Say Goodbye, Ted Menten 09:47:39 From ttucker : After Goodbye, Ted Menten 09:47:44 From jsanford : What is a great resources for service providers who have experienced the loss of children on their caseloads? 09:48:14 From ttucker : These books are an easy read while you are greiving and find it difficult to concentrate. 09:48:15 From Megan DeLaFuente : I just want to say thank you for this training. I have not been in the field long but this is helpful to me as I just had a family experience loss that has been publicize in the news and understandably has been hard for them. From dennodj : what book would you recommend for classmates whose classmate 09:48:21

dies? I would use it as a read aloud

09:49:08 From Meredith H : Are there any resources for foster families who need to return children to bio families and are experiencing grief? 09:49:10 From slpoumade : any particular resources for children for impending death of a parent? From Lisa Terry : I am so glad you found this helpful Megan. It really is a 09:49:19 hard topic to talk about and a very lived experience for us as well. 09:49:41 From slpoumade : Thank you! 09:50:09 From Jeanne Schroeder : A Tiny Boat at Sea - book From slpoumade : This has been a wonderful presentation. Thank you very much 09:51:13 for all the resources! 09:51:28 From slpoumade : Does the archive also include the chat? 09:51:38 From Dana.Lusk/Loudoun : Thank you! :) From linda tazi : Thank you 09:51:38 09:51:43 From Jeanne Schroeder : The archive will be available on the website https://veipd.org/main/ From Ann Hughes : Thank you so much! 09:51:44 09:51:47 From slpoumade : Excellent. Thank you again! 09:51:49 From ttucker : Being a griving parent I rarely share my personal loss at work; however, if it will help another family I have done so. 09:51:53 From jsanford : Thank you 09:51:56 From jeanf : thanks! From linda tazi : is there a certificate available 09:51:59 From Jeanne Schroeder : Yes. You will receive a certificate of completion 09:52:20 after taking the survey. Survey should be in your inbox shortly. 09:52:37 From Lisa Brown : Thank you! 09:52:38 From linda tazi : Thank you 09:52:55 From slpoumade : Thank you!! From The REAL Sarah : This was a powerful and very important topic! thank you! 09:52:57 09:53:17From Dana Childress : Thanks ladies! Well done!

09:53:27 From ttucker : Thank you for the valuable info. and your expertise in this area. I could have used it years ago....

09:53:29 From Lisa Terry : Thank you so much!

09:53:36 From Mary Ellen Plitt : thank you!

09:54:32 From ttucker : Its disheartening that not every hospital is fortunate enough to have this traininig.