



Introduction



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Getting The Most Out Of Our Time

ZOOM FEATURES & TRAINING ENGAGEMENT









Why Reflective Supervision?

"A collaborative relationship for professional growth that improves program quality and practice by cherishing strengths and partnering around vulnerabilities to generate growth"

- Rebecca Shahmoon-Shanook, 2009

"The place to understand the meaning of your work with a family and the meaning and impact of your relationship with the family"

- Jaree Pawl, public address

The mutually created relationship of trust in RSC supports the kind of reflective interactions that contribute to high quality IMH services.



Three Distinct Types of Supervision



ADMINSTRATIV Hire E Train Review Procedure/Policy Derformance Evaluation



View Goals/Progress plore Interventions ach



REFLECTIVE



Emphasis on Feelings

Reflective supervision exists to provide a respectful, thoughtful, understanding atmosphere, where exchanges of information as well as exploration of one's thoughts and FEELINGS, can occur.





Feelings May Impact Our...

FACIAL EXPRESSIO ŊSContact Responses

BODY

Greetings

Posture Movements

VERBAL

Pauses Tone of Voice

Sacing

RESPONSE

LANGUAGE

OVERALL EXPERIENC Fores This Person Like Being With Me?











"Reflective supervision gives me the opportunity to become a better practitioner and a better communicator.

It gives me the opportunity to build my own reflective capacity and responsiveness—skills that have been shown to contribute to healthy communication and emotional development in children, and skills I hope to help their parents develop."

-Home Visitor













There is a greater emphasis on not only the relationship the provider has with the children and families they serve, but on WHO THEY ARE in the work.



Write down the experiences or qualities that impact your work.

Why Self Awareness?

- NEUTRALITY IS AN IMPOSSIBLE STANDARD
- ACTING ON UNCONSCIOUS BIAS IS INEVITABLE
- KNOWING YOUR TRIGGERS IS EMPOWERING







