Reflective Supervision: Role of a Supervisee

Self-Assessment

Name: _____

Date: _____

Instructions

This checklist should be completed by a supervisee of reflective supervision.

Reflective Supervision: Role of a Supervisee						
		Seldom or never (0-25%)	Some of the time (25-50%)	As often as I can (50-75%)	Most of the time (75- 100%)	Notes
1.	I come on time, prepared to share detailed observations, thoughts, feelings, and concerns.					
2.	I am open to becoming aware of my feelings as they relate to what I see and do.					
3.	I ask questions that challenge my assumptions, values, and beliefs.					
4.	I explore and share my thoughts and feelings, increasing my awareness of self and enriching my understanding of others.					
5.	I act on my new awareness and learning to strengthen my practice.					
6.	I allow my supervisor to support me in the difficult work I am doing with young children and their families.					

Virginia Department of Behavioral Health & Developmental Services







Reflection Reflective Supervision: Role of a Supervisee

Instructions: Please reflect on the questions below after completing the checklist.

1. What are your STRENGTHS related to the reflective supervision process?

2. What CHALLENGES do you face with the reflective supervision process?

3. How would you like to improve your skills related to the reflective supervision process?



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