# **Digital Distractions versus Communication Collaborations**

Resource Handout | February 2024

## Resources

## **Parenting Digital Kids:**

https://www.harvardmagazine.com/2023/10/parenting-digital-kids

Technology and Young Children: Preschoolers and Kindergartners:

https://www.naeyc.org/resources/topics/technology-and-media/preschoolers-and-kindergartners

TECHNOLOGY USE FOR FAMILY COMMUNICATION AND CONNECTIVITY:

https://open.lib.umn.edu/technologyfamily/chapter/8-1-technology-use-for-family-communication-and-connectivity/

Children and Technology: Positive and Negative Effects:

https://online.maryville.edu/blog/children-and-technology/

### Embrace Technology to Make Meaningful Family Connections:

https://www.resourceumc.org/en/content/embrace-technology-to-make-meaningful-family-connections#:~:text=In%202015%2C%20the%20Ericsson%20Consumer,claimed%20that%20technology%20helps%20them%20 %E2%80%9C

### Growing up in the digital age: Early learning and family media ecology

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6697422/







