

September 3, 2019 • Talks on Tuesdays Webinar

**PART I**



**Foundations of  
Social Emotional  
Development  
ATTACHMENT**

PRESENTED BY  
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 Infant & Toddler  
Connection of Virginia

 Virginia Department of  
Behavioral Health &  
Developmental Services

 **VCU**  
School of Education  
Partnership for People  
with Disabilities

 Integrated  
Training  
collaborative

**HANDOUTS**



**IMPORTANT:** Make sure to print out the handouts included with the login details email for today's webinar.

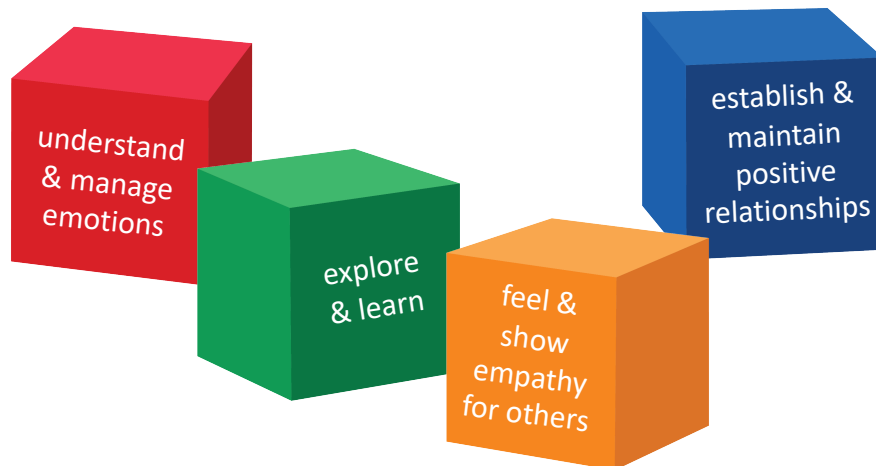
Why is  
social-emotional  
development  
important?



Type your answer in chat.

## Defining Social-Emotional Development

The process through which children acquire and apply the knowledge and skills necessary to:







## Social Emotional Development

Developing the capacity for:

- Trust
- Self Awareness
- Autonomy



What are some factors that impact social emotional development from occurring?



Type your answer in chat.



## Parents Are the Emotional Co-Regulators for Their Children

Co-regulation is initiated and maintained by the caregiver

Caregiver is putting forth effort to soothe the child's emotional distress

Interactions between parents and children become more balanced over time



Attachment occurs automatically when a baby meets new people.

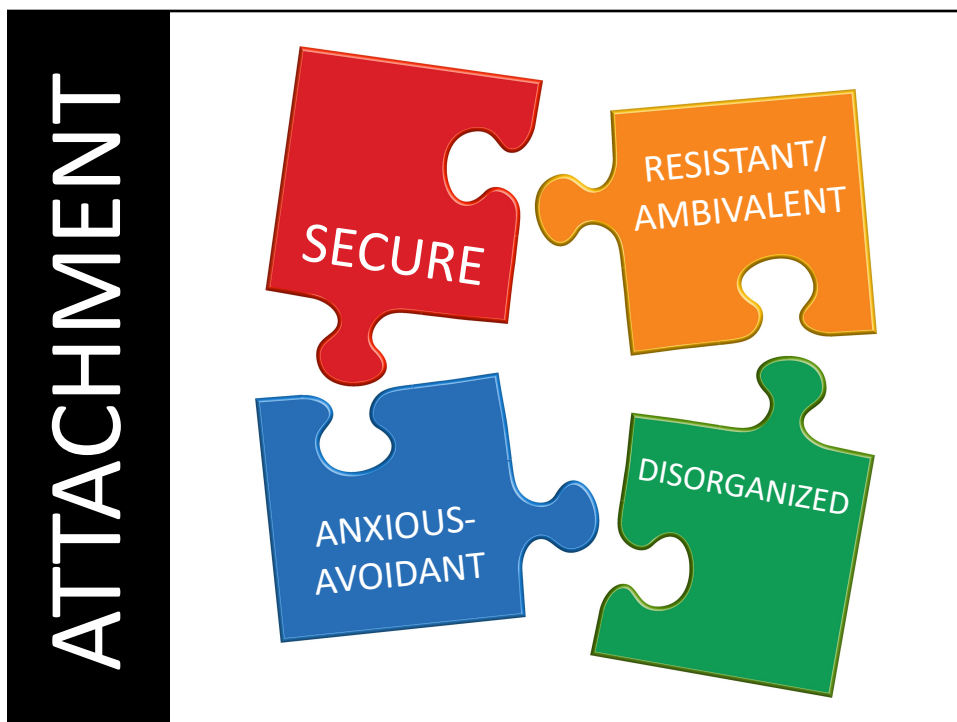


*Answer True or False.*



## Attachment Matters

- Children need to develop a relationship with at least one primary caregiver
- A child's attachment is largely influenced by their primary caregiver's sensitivity to their needs





- Frequent visual checking in with caregiver
- Child is distressed by separation
- Child can interact with strangers in caregiver's presence



- Minimal response to separation
- Internally high arousal
- May avoid eye contact or ignore verbal prompts








- Distressed by separation
- Passively overwhelmed or angrily preoccupied
- May mix contact seeking with contact resistance





- Show a lack of clear attachment behavior
- Actions and responses to caregivers are often a mix of behaviors
- Powerful predictor of serious psychopathology





**Pull out your handout.**

**STRATEGIES AND RESOURCES**

*Responding to Attachment Concerns*

**Develop a trusting relationship with the parent**

- The parent-practitioner relationship serves as a model for the child's relationship with the parent
- Healthy parent-practitioner relationship is especially important in working with parents who themselves received harsh or inconsistent care as children

**Support parents in understanding and providing sensitive and responsive care**

- Holding and cuddling your baby; making eye contact; speaking in a warm tone of voice; providing comfort when baby cries

**Help parents to understand developmental milestones**

- Having age-appropriate expectations
- What is typical development? What is impact of child's diagnosis?

**Talk with parents about their child's cues**

- What does behavior mean?
- How do parents engage with their children?

**Teach parent to hold their child in mind**

- Awareness of and ability to reflect on parent's own feelings
- This influences parent responses to their child

**Reflect with parents on their own parenting strengths and challenges**


- Every parent brings a history of their own relationships that filter how they interpret their child's actions
- Parents may need therapy, counseling, etc. to address past challenges

**Share with parent resources that may be able to help**

- Websites
  - [https://nrcid.org/main/subtopic\\_socio\\_emot\\_dev.html](https://nrcid.org/main/subtopic_socio_emot_dev.html)
  - <https://www.zenitron.org/early-development/infant-and-early-childhood-mental-health/>
  - <http://world.jagobell.edu/>
  - <https://www.usc-mcconnelldevelopmental.edu/>
  - <https://www.uncom.org>

September 2017 Talk on Tuesday





Pull out your handout.

### THE TRUTH ABOUT ACES

**WHAT ARE THEY?**

ACES are ADVERSE CHILDHOOD EXPERIENCES

**HOW PREVALENT ARE ACES?**

The ACE study included the following categories:

Category	Prevalence
Abuse	28%
Neglect	21%
Household Dysfunction	10%

**WHAT IMPACT DO ACES HAVE?**

As the number of ACEs increases, so does the risk for negative health outcomes.

Number of ACEs	Relative Risk
0 ACEs	1.0
1 ACE	1.1
2 ACEs	1.2
3 ACEs	1.4
4+ ACEs	1.6

**PHYSICAL & MENTAL HEALTH**

**BEHAVIOR**



Strategies to Support Children



# RESILIENCE

- Practice trauma informed care
- Create safe spaces
- Develop coping skills
- Build connection





November 5th

## REMINDER!

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November 5, 2019 • Talks on Tuesdays Webinar

**PART II**



**Foundations of  
Social Emotional  
Development  
TEMPERAMENT**

PRESENTED BY  
Naomi H. Grinney, LCSW

